


Rev. A		Control Number XXXXXXXXXXXX
Effective Date 11/19/2009	Instructions for Removing the Crank on a Johnson Fitness Elliptical Trainer	Page 1/2
Revised Date 11/19/2009	Approved by Bill Baier	Prepared by Kevin Oeltjenbruns

PURPOSE

To remove the crank on a Johnson Fitness elliptical using a 30mm crank puller (JHT part # 075513).

PROCEDURE

- 1) Use a flat screwdriver to remove the cap in the middle of the crank / cover connection (Figures A & B).
- 2) Remove the crank nut with a 17mm socket / wrench (Figures C & D).
- 3) Turn the 30mm crank puller completely onto the crank threads (Figure E). **NOTE:** If the crank puller will only turn in a few turns into the crank, rotate the end of the crank puller counter-clockwise until enough space is created to turn the crank puller in at least 5 complete revolutions.
- 4) Turn the end of the crank puller clockwise using a 22mm open ended wrench or crescent wrench (Figure F).
- 5) The crank will come off the crank cover as you turn the crank puller (Figure G).

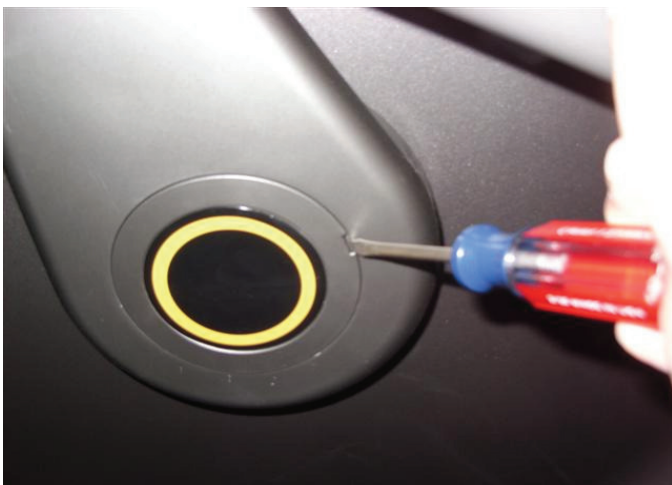



Figure A



Figure B

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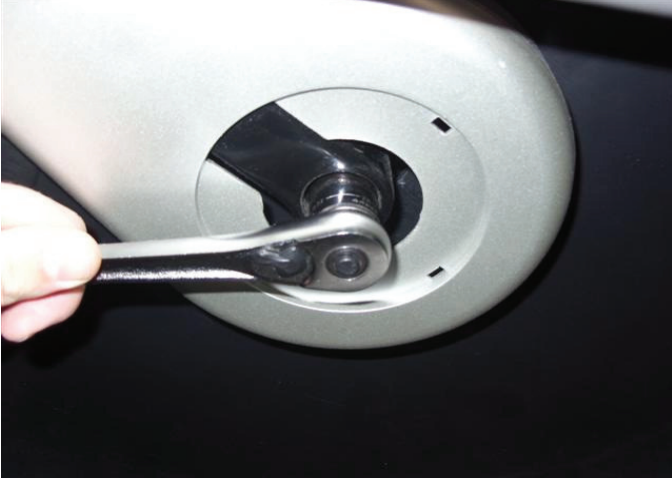


Figure C



Figure D



Figure E



Figure F



Figure G